

**PLEASE NOTE THE SCHEDULES**

Monday Through Thursday: 9 am to 12 noon
and 6 pm to 8 pm
Friday, Weekends & Holidays: 9 am to 8 pm

PASCHIMAVANI

DIRECTIONS

From Freeway 580 in Livermore:
Exit North Vasco Road, left on Scenic Ave,
Left on Arrowhead Avenue

NEWS FROM THE HINDU COMMUNITY AND CULTURAL CENTER, LIVERMORE

VISIT OUR WEB SITE AT <http://www.livermoretemple.org>

SHIVA-VISHNU TEMPLE

OM NAMAH SHIVAYA

TELEPHONE (925) 449-6255 FAX (925) 455-0404

OM NAMO NARAYANAYA

PRESIDENT'S MESSAGE

Dear Devotees,

Namaste.

- Andariki Ugadi Subhaakaankshalu – (Telugu New Year :: 3/23/12)
- Hosa Varushadha Shubhashayagalu - (Kannada New Year :: 3/23/12)
- Iniya tamizh Puthaandu Nalvaazhthukkal.- (Tamil New Year :: 4/13/12)
- Shuvo Nabo Barsho - (Bengali New Year 4/13/12)
- Naye Varsha Ki Shubhkamanyen - (Hindi New Year- Gudi Padawa :: 3/23/12)
- Nveen Varshachy Shubhechcha – (Marathi New Year – Gudi Padawa :: 3/23/12)
- Puthuvatsara Aashamsakal – (Malayalam New Year - 4/13/12)
- Nave sal di Mubarak - (Punjabi New Year – Baisakhi :: 4/13/12)
- Nutan Varshbhinandan – (Gujarati New Year -- Diwali:: 11/14/12)

I am happy to inform that the Temple infra-structure and facility improvements & construction are progressing with good speed by the grace of almighty and the unflinching & assiduous work of our pro-bono construction Project-Engineer Sri BR Govinda Rao garu and his team of dedicated engineers. The Arrowhead street is improved with pathways and street lights on either side, The landscaped parking on the south lot along with walkways for pedestrians are complete. The administrative building is scheduled to be complete before mid-April. It will house Temple office, space for devotee amenities (like shoes etc.), rest rooms, Conference rooms, Youth and energy area (with media and servers etc) and an area where devotees could celebrate their family Hindu religious functions like Namakaranam, Annaprasana, Satyanarayana Puja/seva, engagement, Birthday, etc., for a reasonable suggested donation. The new & integrated Devotee and Naivedyam kitchens, Library, Class rooms, Storage areas, Additional Restrooms, green-rooms for Men and Women, Devotee Puja performing areas are all on their way to be ready in the north-lot behind the main temple and they are on schedule to complete before July of this year. We have also started a new 7500 sq ft multi-purpose building from Phase-2 of the Temple's Master Plan, in the south-lot behind the new administrative building essentially to cater to the devotee needs for private Hindu functions and this should be available by the end of August this year. The new buildings and the temple are all connected through a covered walkway and that should be done before mid-April this year. Earlier, as you are all aware, we have brought the Kanaka Durga prayer Hall building to the code by constructing a New Prayer Hall. As you could see we have taken a major uplift of the temple facilities and to put it in financial terms, it is a \$9.5 million dollar construction activity covering over 8 acres of land and over 23,000 sqft of new building construction. If you have not visted the temple recently, please come by and see for yourself the landscape of changes that have been taking place. Sure due to construction, there are some inconveniences and we are doing our best to mitigate them.

At this time, temple needs your generous help with donations more than ever. Please Donate generously. We have also put together some Donor schemes and our front-desk people would be happy to discuss the many alternatives available for your consideration. From Phase-2 of the Temple's master Plan, we are still to work on east-lot improvements and on a 7500 sq ft Cultural Hall extending the current Assembly Hall to the west.

HCCC is a democratic organization and every year new management is elected. Our term ends with this Srirama Navami (31st of March). We thank God and the Steering Committee of HCCC for giving us this opportunity to serve the devotees and the Temple. On behalf of myself

and my team - President Anand Gundu garu, Vice-President Prakash Pokala garu, Corporate Secretary Jegan Thambaiyah garu, Vice-chairman SrinivasaReddy Malireddy garu, the entire BOD and Executive Committee, many dedicated volunteers, the Priests, the Pachaka, the office Staff and the cleaning crew - I would like take this opportunity to thank every one of you, for your kind support and encouragement we all received all through the year. I request that the same support be extended to the new team that would be coming in this April.

Please remember the temple's hours of operation and we request your complete cooperation:

Monday-Thursday 9 AM to 12 Noon and 6 PM to 8 PM,

Friday, Saturday, Sunday & Holidays - 9 AM to 8 PM.

Please carpool while visiting the temple and come Via Vasco exit and Scenic Drive.

Om Namah Shivaya Om namo Narayanaya.

Sincerely,

Srinivas Pyda, *Chairman, HCCC, 2011-12*

FROM EDITOR'S DESK

Dear Devotees,

Wish you all very Happy Shri Nandana nama Samvastaram & Yugadi greetings. Yuga means 'era' and Adi means 'the beginning' - Yugadi means - 'Beginning of an Era'. Chandramana Yugadi is the lunar New Year celebrated in Karnataka, Andhra and Maharashtra. It is traditional to have 'Bevu Bella' (mixture of young Neem leaves and Jaggery) as prasadam in Karnataka and 'Yugadi Pachadi' in Andhra as a symbolic meaning that life brings different experiences ranging from sweet to bitter or bitter to sweet. The philosophy in eating these mixtures with different tastes is to say that life is not a bed of roses it is a mixture of sadness, happiness, anger, fear, disgust, and surprise which has to be accepted together with equanimity. Hope you participated in all the temple festivities held last quarter like Dhanurmasa, Shivarathri, Vaikunta Ekadashi & experienced your spiritual fulfillment. Please enjoy the articles and photos from last quarter in this edition of your favorite PASCHIMAVANI Newsletter.

M.S. Sathyanarayana, *Publicity Chair - HCCC*

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PLANNED SPECIAL EVENTS

DATE/DAY	EVENTS	TIME	ACTIVITIES
April 02nd Monday	Ekadasi	6:00 PM	Balaji Bhoga Murthy Abhishekam and Archana
April 04th Wednesday	Pradosham	6:00 PM	Shiva Abhishekam and Archana
April 05th Thursday	Panguni Utthiram		Detailed program at the end
April 05th Thursday	Uttara Phalguni	6:30 PM	Ayyappa Abhishekam and Archana
April 06th Friday	Poornima	6:00 PM	Lalitha Sahasranama chanting by Devotees
April 07th Saturday	1st Saturday of the Month	11:00 AM	Swarna Alamkara for Lord Shiva
April 07th Saturday	1st Saturday of the Month	12:00 Noon	Vastra Samarpana for Lord Balaji
April 07th Saturday	Swati	5:00 PM	Narasimha Swamy Abhishekam and Archana
April 09th Monday	Sankata Hara Chathurthi	6:00 PM	Ganesha Abhisheka and Archana
April 11th Wednesday	Moola	6:00 PM	Saraswati Abhishekam
April 13th Friday	Tamil New Year (Nandana)	6:00 PM	Lord Murugan Archana & Panchanga Sravana in Tamil
April 13th Friday	Baisakhi		
April 13th Friday	Sun enters Mesha 06-43		
April 14th Saturday	2nd Saturday of the Month	11:00 AM	Muttangi Alamkaram for Lord Shiva
April 14th Saturday	2nd Saturday of the Month	11:30 AM	Tomala Seva for Lord Balaji
April 14th Saturday	Vishu	4:30 PM	Ayyappa Abhishekam and Vishu Darshanam
April 14th Saturday	Sravana	6:00 PM	Venkateswara Sahasranama Archana
April 15th Sunday		11:00 AM	Poolangi Seva for Lord Murugan
April 16th Monday	Ekadasi	6:00 PM	Balaji Bhoga Murthy Abhishekam and Archana
April 17th Tuesday	Pradosham	6:00 PM	Shiva Abhishekam and Archana
April 18th Wednesday	Masa Shivarathri	6:00 PM	108 Kalasha Abhishekam for Lord Shiva and Archana
April 21st Saturday	VAISHAKA		
April 21st Saturday	3rd Saturday of the Month	11:00 AM	Rajatha Alamkara for Lord Shiva; Sahasranama Archana
April 21st Saturday	3rd Saturday of the Month	12:00 Noon	Thiruppavadai Seva for Lord Balaji
April 23rd Monday	Akshaya Tritiya	6:00 PM	Chandana Abhishekam for Lord Lakshmi Narasimha Swamy (Akshaya Tritiya)
April 23rd Monday	Basava Jayanthi		
April 23rd Monday	Krittika	6:00 PM	Kartikeya Abhishekam and Archana
April 24th Tuesday	Rohini	6:00 PM	Sri Krishna Abhishekam and Archana

PLANNED SPECIAL EVENTS (contd.)

DATE/DAY	EVENTS	TIME	ACTIVITIES
April 26th Thursday	Sri Adi Shankara Jayanthi	6:00 PM	Upanishath Parayanam
April 26th Thursday	Sri Ramanujar Jayanthi	6:45 PM	Prabanda Parayanam
April 27th Friday	Punarvasu	10:30 AM	Sri Rama Sahasranama Archana
		6:00 PM	Sri Rama Abhisheka and Archana
April 27th Friday	Shashti	6:00 PM	Kartikeya Sahasranama Archana
April 28th Saturday	4th Saturday of the Month	10:30 AM	Shiva Swarna Mukhavada and Vastra Alamkaram
April 28th Saturday	4th Saturday of the Month	12:00 Noon	Pushpa seva for Lord Balaji
April 29th Sunday	Last Sunday of the month	4:30 PM	Kala Bhairava Abhishekam and Archana
May 01st Tuesday	Vasavi Jayanthi		
May 02nd Wednesday	Uttara Phalguni	6:00 PM	Ayyappa Abhishekam
May 02nd Wednesday	Ekadasi	6:00 PM	Balaji Bhoga Murthy Abhishekam and Archana
May 03rd Thursday	Pradosham	6:00 PM	Shiva Abhishekam and Archana
May 04th Friday	Narasimha Jayanthi	6:00 PM	Lord Lakshmi Narasimha Swamy Abhishekam
May 05th Saturday	1st Saturday of the Month	8:00 AM	Swarna Alamkara for Lord Shiva
May 05th Saturday	1st Saturday of the Month	8:00 AM	Vastra Samarpana for Lord Balaji
May 05th Saturday	Meenakshi Kalyanam		Detailed program at the end.
May 05th Saturday	Swati	7:30 AM	Narasimha Swamy Abhishekam and Archana
May 05th Saturday	Chitra Poornima	6:00 PM	Lalitha Sahasranama chanting by Devotees
May 05th Saturday	Buddha Poornima		
May 05th Saturday	Annamacharya Jayanthi		
May 06th Sunday	Vasavi Jayanthi (Weekend Function)	11:00 AM	Abhishekam and Archana
May 08th Tuesday	Sankata Hara Chathurthi	6:00 PM	Ganesha Abhisheka and Archana
May 09th Wednesday	Moola	6:00 PM	Saraswati Abhishekam
May 11th Friday	Sravana	6:00 PM	Venkateswara Sahasranama Archana
May 12th Saturday	2nd Saturday of the Month	11:00 AM	Muttangi Alamkaram for Lord Shiva
May 12th Saturday	2nd Saturday of the Month	11:30 AM	Tomala Seva for Lord Balaji
May 12th Saturday	Annamacharya Jayanthi (Weekend Function)		
May 13th Sunday	Sun enters Vrushabha 27-34		
May 14th Monday	Hanuman Jayanthi		Detailed program at the end.
May 16th Wednesday	Ekadasi	6:00 PM	Balaji Bhoga Murthy Abhishekam and Archana
May 16th Wednesday	Jupiter in Vrushaba 20-14		
May 17th Thursday	Pradosham	6:00 PM	Shiva Abhishekam and Archana
May 18th Friday	Masa Shivarathri	6:00 PM	108 Kalasha Abhishekam for Lord Shiva and Archana
May 19th Saturday	3rd Saturday of the Month	11:00 AM	Rajatha Alamkara for Lord Shiva; Sahasranama Archana
May 19th Saturday	3rd Saturday of the Month	12:00 Noon	Thiruppavada Seva for Lord Balaji
May 20th Sunday	Krittika	8:00 AM	Kartikeya Abhishekam and Archana
May 20th Sunday	Annular Solar Eclipse (15-06 - 18-39) - Visible in USA		Temple closed from 12 Noon
May 21st Monday	JYESHTA		
May 21st Monday	Rohini	6:00 PM	Sri Krishna Abhishekam and Archana
May 25th Friday	Punarvasu	10:30 AM	Sri Rama Sahasranama Archana
		6:00 PM	Sri Rama Abhisheka and Archana
May 26th Saturday	4th Saturday of the Month	10:30 AM	Shiva Swarna Mukhavada and Vastra Alamkaram
May 26th Saturday	4th Saturday of the Month	12:00 Noon	Pushpa seva for Lord Balaji
May 26th Saturday	Shashti	5:00 PM	Kartikeya Sahasranama Archana
May 27th Sunday	Last Sunday of the Month	4:30 PM	Kala Bhairava Abhishekam
May 28th Monday	Memorial Day (Weekend Times)		
May 30th Wednesday	Uttara Phalguni	6:00 PM	Ayyappa Abhishekam
May 31st Thursday	Ekadasi	6:00 PM	Balaji Bhoga Murthy Abhishekam and Archana
June 01st Friday	Pradosham	6:00 PM	Shiva Abhishekam and Archana
June 01st Friday	Swati	6:00 PM	Narasimha Swamy Abhishekam and Archana
June 02nd Saturday	1st Saturday of the Month	11:00 AM	Swarna Alamkara for Lord Shiva
June 02nd Saturday	1st Saturday of the Month	12:00 Noon	Vastra Samarpana for Lord Balaji
June 02nd Saturday	Vaikasi Visakam	5:00 PM	Shankabhishekam for Lord Kartikeya
June 03rd Sunday	Poornima	6:00 PM	Lalitha Sahasranama chanting by Devotees
June 03rd Sunday	Partial Lunar Eclipse (02-59 - 05-06) Visible in USA		
June 04th Monday	Jyeshthabishekam		Detailed program at the end
June 05th Tuesday	Moola	6:00 PM	Saraswati Abhishekam
June 06th Wednesday	Sankata Hara Chathurthi	6:00 PM	Ganesha Abhisheka and Archana
June 08th Friday	Sravana	6:00 PM	Venkateswara Sahasranama Archana
June 09th Saturday	2nd Saturday of the Month	11:00 AM	Muttangi Alamkaram for Lord Shiva
June 09th Saturday	2nd Saturday of the Month	11:30 AM	Tomala Seva for Lord Balaji
June 14th Thursday	Sun enters Mithuna 10-08		
June 14th Thursday	Ekadasi	6:00 PM	Balaji Bhoga Murthy Abhishekam and Archana

PLANNED SPECIAL EVENTS (contd.)

DATE/DAY	EVENTS	TIME	ACTIVITIES
June 16th Saturday	3rd Saturday of the Month	11:00 AM	Rajatha Alamkara for Lord Shiva;Sahasranama Archana
June 16th Saturday	3rd Saturday of the Month	12:00 Noon	Thiruppavadaï Seva for Lord Balaji
June 16th Saturday	Krittika	5:00 PM	Kartikeya Abhishekam and Archana
June 16th Saturday	Pradosham	5:00 PM	Shiva Abhishekam and Archana
June 17th Sunday	Masa Shivaratri	5:00 PM	108 Kalasha Abhishekam for Lord Shiva and Archana
June 18th Monday	Rohini	6:00 PM	Sri Krishna Abhishekam and Archana
June 20th Wednesday	ASHADA		
June 21st Thursday	Punarvasu	10:30 AM	Sri Rama Sahasranama Archana
		6:00 PM	Sri Rama Abhisheka and Archana
June 23rd Saturday	4th Saturday of the Month	10:30 AM	Shiva Swarna Mukhavada Alamkaram
June 23rd Saturday	4th Saturday of the Month	12:00 Noon	Pushpa seva for Lord Balaji
June 24th Sunday	Last Sunday of the month	4:30 PM	Kala Bhairava Abhishekam
June 25th Monday	Shashti	6:00 PM	Kartikeya Sahasranama Archana
June 26th Tuesday	Uttara Phalguni	6:00 PM	Ayyappa Abhishekam
June 29th Friday	Ekadasi	6:00 PM	Balaji Bhoga Murthy Abhishekam and Archana
June 29th Friday	Swati	6:00 PM	Narasimha Swamy Abhishekam and Archana
June 30th Saturday	5th Saturday of the Month	10:30 AM	Shiva Vastra Alamkaram
June 30th Saturday	5th Saturday of the Month	9:30 AM	108 Kalasha Abhishekam for Balaji
July 01st Sunday	Pradosham	5:00 PM	Shiva Abhishekam and Archana
July 2nd Monday	Poornima	6:00 PM	Lalitha Sahasranama chanting by Devotees
July 2nd Monday	Moola	6:00 PM	Saraswati Abhishekam
July 03rd Tuesday	Guru Poornima (Group Satyanarayana pooja)	6:00 PM	Sri Satyanarayana Swami Vratam
July 04th Wednesday	Independence Day (Weekend times)		
July 05th Thursday	Sravana	6:00 PM	Venkateswara Sahasranama Archana
July 06th Friday	Sankata Hara Chathurthi	6:00 PM	Ganesha Abhisheka and Archana
June 07th Saturday	1st Saturday of the Month	11:00 AM	Swarna Alamkara for Lord Shiva
June 07th Saturday	1st Saturday of the Month	12:00 Noon	Vastra Samarpana for Lord Balaji
July 14th Saturday	2nd Saturday of the Month	11:00 AM	Muttangi Alamkaram for Lord Shiva
July 14th Saturday	2nd Saturday of the Month	11:30 AM	Tomala Seva for Lord Balaji
July 14th Saturday	26th Temple Anniversary Day 1		Detailed program at the end
July 14th Saturday	Ekadasi	5:00 PM	Balaji Bhoga Murthy Abhishekam and Archana
July 14th Saturday	Krittika	5:00 PM	Kartikeya Abhishekam and Archana
July 15th Sunday	Pradosham	5:00 PM	Shiva Abhishekam and Archana
July 15th Sunday	Rohini	5:00 PM	Sri Krishna Abhishekam and Archana
July 15th Sunday	26th Temple Anniversary Day 2		Detailed program at the end
July 15th Sunday	Dakshinayana Punyakalam		
July 15th Sunday	Sun enters Karkataka 20-59		
July 16th Monday	Masa Shivaratri	6:00 PM	108 Kalasha Abhishekam for Lord Shiva and Archana
July 18th Wednesday	Punarvasu	10:30 AM	Sri Rama Sahasranama Archana
		6:00 PM	Sri Rama Abhisheka and Archana
July 19th Thursday	SRAVANA		
July 21st Saturday	3rd Saturday of the Month	11:00 AM	Rajatha Alamkara for Lord Shiva;Sahasranama Archana
July 21st Saturday	3rd Saturday of the Month	12:00 Noon	Thiruppavadaï Seva for Lord Balaji
July 22nd Sunday	Aadi Pooram		Detailed program at the end
July 23rd Monday	Uttara Phalguni	6:00 PM	Ayyappa Abhishekam
July 24th Tuesday	Shashti	6:00 PM	Kartikeya Sahasranama Archana
July 26th Thursday	Swati	6:00 PM	Narasimha Swamy Abhishekam and Archana
July 27th Friday	Varalakshmi Vratam		Detailed program at the end
July 27th Friday	Pavotrotsavam Day 1		Detailed program at the end
July 28th Saturday	4th Saturday of the Month	10:30 AM	Shiva Swarna Mukhavada and Vastra Alamkaram
July 28th Saturday	4th Saturday of the Month	12:00 Noon	Pushpa seva for Lord Balaji
July 28th Saturday	Ekadasi	10:00 AM	Balaji Bhoga Murthy Abhishekam and Archana
July 28th Saturday	Pavotrotsavam Day 2		Detailed program at the end
July 29th Sunday	Pavitrotsavam Day 3		Detailed program at the end
July 29th Sunday	Last Sunday of the month	4:30 PM	Kala Bhairava Abhishekam
July 30th Monday	Pradosham	6:00 PM	Shiva Abhishekam and Archana
July 30th Monday	Moola	6:00 PM	Saraswati Abhishekam



Panguni Uthiram

DATE/DAY	TIME	EVENTS
April 05th	10:00 AM	Maha Lakshmi Abhishekam
	4:30 PM	Sri Sooktha Homa
	6:00 PM	Gadya Traya Parayanam
	6:45 PM	Sethi Seva
	7:30 PM	Ekantha Seva

Vishu

April 14th	4:30 PM	Sankalpam, Ayyappa Abhishekam
	5:15 PM	Bhajan Starts
	5:30 PM	Thalapoli – Ayyappa Procession lead by ladies carrying lamps
	6:00 PM	Bhajan Continues
	6:50 PM	Bhajan ends; Harihara Putra Ashtotharam
	7:00 PM	Aarathi, Padi Pattu, Harivarasanam and Theertha Prasadam

Meenakshi Kalyanam

April 26th 2012 – Saturday

May 05th 2012 – Goddess Parvathi Abhishekam (Daily)

May 05th	7:00 AM	Lord Shiva and Lord Balaji Suprabhatam
	7:30 AM	Abhishekam for Lord Shiva, Lord Balaji, Lord Narasimha, Lord Hanuman and Nava graha
	8:30 AM	Goddess Parvathi Abhishekam
	9:30 AM	Poolangi Alankaram for Goddess Parvathi
	10:00 AM	Meenakshi Sundaeswara Edurukolu Utsavam
	10:30 AM	Unjal Seva
	11:30 AM	Sri Meenakshi Kalyanotsavam
	12:00 Noon	Kanya Daanam by Lord Venkateswara
	12:30 PM	Thiru Mangalya Dharanam
	12:30 PM	Kalyana Bhojanam (in the Assembly Hall)
	1:00 PM	Theertha Prasadam
	4:30 PM	Vrishabha Vaahana Seva

Hanuman Jayanthi

May 14th	8:00 AM	Lord Shiva and Lord Balaji Suprabhatam
	8:30 AM to 4:00 PM	Sundarakanda Homam
	5:00 PM	Hanuman Abhisheka
	6:00 PM to 7:30 PM	Kadaliphala, Nagavalli Dala Archana
		Theertha Prasadam

Jyeshthabishekam

June 04th	5:00 PM to 6:00 PM	Homam
	6:00 PM	Lord Venkateswara, Goddess Sridevi, Goddess Bhudevi Abhishekam
	7:00 PM	Archana
	7:30 PM	Theertha Prasadam

26th Temple Anniversary Celebrations - 2012

DATE/DAY	TIME	EVENTS
July 14th	8:00 AM	Lord Balaji, Lord Shiva Suprabhatam
	9:00 AM	Lord Balaji Ashtottara shata Kalasha Abhishekam
	9:00 AM	Lord Shiva, Lord Anjaneya, Navagraha Abhishekam
July 15th	4:30 PM	Lord Balaji Unjal and Sahasra Deepa Alamkara Seva
	8:00 AM	Lord Balaji, Lord Shiva Suprabhatam
	9:00 AM	Lord Shiva Ashtottara shata Kalasha Abhisheka
	9:00 AM	Lord Ganesha, Lord Murugan, Goddess Kanaka Durga Abhishekam
	4:30 PM	Lord Shiva Unjal and Sahasra Deepa Alamkara Seva

Aadi Pooram

July 22nd	10:00 AM	Goddess Andal Abhishekam
	11:00 AM	Utsavam
	12:00 Noon	Parayanam, Sathumurai
July 22nd	1:00 PM	Theertha Prasadam
	10:00 AM	Goddess Parvati Abhishekam
	6:00 PM	Lalitha Sahasra Nama Parayanam
	6:30 PM	Theertha Prasadam

Sri Varalakshmi Vratam

July 27th		Sri Varalakshmi Vratam
	10:00 AM	Sri Maha Lakshmi Abhishekam
	12:00 Noon	Theertha Prasadam
	6:00 PM	Sankalpam
	6:15 PM	Sri Varalakshmi Pooja by devotees

Pavitrotsavam

July 27th, 28th, and 29th 2012		
July 27th July 28th	5:30 PM	Sankalpam, Deeksha and Ankurarpanana
	8:00 AM	Suprabhatam for Lord Shiva and Vishnu
	8:30 AM	Lord Balaji Abhisheka
	10:00 AM	Archana and Arathi
	11:00 AM	Lord Balaji Utsava Murthy Abhisheka
	12:00 Noon	Pavitra Adhivasa and Homam
	3:30 PM	Lord Balaji Sahasranama Archana
	5:00 PM	Pavitra Mantapa Alamkaram and Meru Pooja
	6:00 PM	Maha Shanti Homa
	7:30 PM	Ekanta Seva
	July 29th	8:00 AM
8:30 AM		Nitya Homa
9:00 AM		Pavitra Abhisheka
11:00 AM		Special Alamkaram, Pavitra Samarpanam and Satmura
12:00 Noon		Maha Poornahuti
3:00 PM		Shanti Kalyanam, Deeksha Visarjanam and Asheervachanam
7:30 PM		Ekanta Seva



Announcements

PREVENTIVE SERVICES FOR THE ELDERLY

MARCH 2012

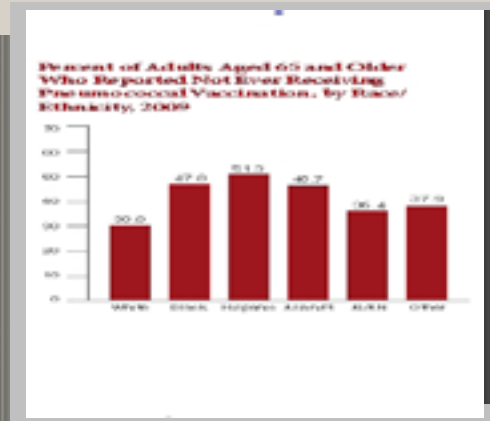
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IMPORTANT PREVENTIVE NEEDED FOR THE ELDERLY

There is an important aspect of prevention in Medicine that is being missed by the elderly because of cost issues.

One major issue has been the coverage issue with Medicare and Medi-Cal. Now, there is complete coverage for these issues; patients can now get all these services completely free of cost. The doctor's offices are available to perform these services. It is very important to ASK for "Annual Wellness Visit" instead of just going there for a physical.

Doctors have been squeezed for time and hence sometimes do not take the time to discuss these issues with their patients. Thus, it is better for patients to be prepared and take a list of preventive services needed to the doctor.



PNEUMONIA VACCINE

SCREENING AND COUNSELING

VACCINATION:

Two vaccines that are very important are:

1. Influenza Vaccine: It is recommended that everybody above the age of 9 months receive a Flu Vaccine seasonally. It prevents a serious illness which can even be fatal.
2. Pneumococcal Vaccine: Those above 65 years and above are recommended to have this vaccine. Also, if you below 70 years, and have not had the vaccine in the last 5 years, then you need to get one
3. Zoster: You will need a shot to prevent Herpes Zoster, a painful condition if you are 50 years and above

1. Breast Cancer: Age 50 to 74 (every 2 years). USPSTF
2. Colon Cancer Screening: FOBT, Colonoscopy every 5 to 10 years from 50 to 75 years (USPSTF)
3. Diabetes: Symptomatic adults with BP > 135/80 (treated and untreated) (USPSTF)
4. Lipid Disorder: For men above 35 years and Women above 45 years.
5. Osteoporosis Screening: For all women above 65 years of age and 60 and above with risk factors.
6. Smoking Cessation counselling: Physicians should provide cessation interventions.

Key Events Celebrated



Dhanurmasa Puja and Andal Kalyanam

Month long Dhanurmasa Puja was celebrated with great enthusiasm and devoutness at Shiva Vishnu Temple. Daily Abhishekams for Goddess Andal were performed concluding with Andal Kalyanam. Devotees participated in this event with great devotion and made it successful.

Edurkolu Utsavam, Unjal seva were performed. Kalyanotsavam was performed by priests with great dedication. It was a celestial spiritual experience to witness the Kalyanam event. Vastra sponsorship for this event was a huge task and the coordinators have done a fabulous job assisting sponsors.

Shiva Brahmotsavam

Shiva Brahmotsavam, an annual event was celebrated. Shiva Brahmotsavam festival is one of the most important and auspicious functions celebrated at Shiva Vishnu Temple. The Brahmotsavam event was performed over a three-day period. On the start of the first day, the rite of "Ankurarpanam" (sowing of the seeds to signify fertility, prosperity and abundance) was performed. The main activity on that day was the "Dhwaja Arohanam," the hoisting of the Nandi flag at the Dhvajastambham. This signifies the commencement of the Brahmotsavam.

During the three days of this festival, various religious activities including daily homas and abhishekams were performed. The event concluded in a grand way with special abhishekam for Lord Shiva & Goddess Parvati and the Trishula is bathed, all the devotees were sprinkled with holy water by priests. The celebration officially concluded with "Dhwajavarohanam," the lowering of the Nandi flag. The



participated. Several homas, adhivasaas, special pujas, archanas were performed by our priests with great devotee participation. Priests performed various rituals with great dedication. Our priests also handled regular Temple puja's, abhishekams, weekend archana schedule, vahana Puja's very well and attended the devotee needs promptly. HCCC sincerely thanks efforts put in by our priests and look forward to many such great occasions. This was a major function and several volunteers helped with various aspects of the event.

Rukmini Kalyanam

With divine blessings, devotees of Shiva-Vishnu Temple had the privilege of celebrating Rukmini Kalyanam event. A great amount of planning went into preparing for this first time event. The support and response from devotees was



Brahmotsavam celebration provided a unique opportunity for all devotees to participate in the festivities and receive the blessings of Lord Shiva and Goddess Parvati.

Goddess Saraswati Utsava Murthi Samprokshana

With the divine blessings, Goddess Saraswati Utsava Murthi Samprokshana event was celebrated with great devotion. The event was a grand success, thanks to efforts put in by our priests, and dedicated volunteers. Several volunteers worked for days, planning, procuring items and preparing for this auspicious event. Pdt. Subrahmanya Sarma was the lead priest for this event. The entire event was a once a life time auspicious function that devotee's felt blessed to have



immense.

Pdt. Sridharan and Pdt. Padmanabham performed the kalyanam in a grand way. Pdt. Ramaseshu, Pdt. Bhattar, Pdt. Venkateshwara Sarma, Pdt. Raghunathan, Pdt. Chandramouli and Pdt. Mukherjee performed parayanam and various puja's as needed. Edurkolu Utsavam, Unjal seva were performed with great devotion by priests. Devotees were spiritually elated and profoundly pleased to witness the special Kalyanotsavam.

It's a first time event and also a major Kalyanotsavam function with great amount of planning and coordination required. Devotees participated in this event with great devotion in huge numbers and made it successful.

Shivrathri Celebrations

With the divine blessings of Lord Shiva, Shiva Vishnu Temple has successfully celebrated Maha Shivarathri. This event was a great success, thanks to our Sponsors, Priests, Devotees, Volunteers, Temple Staff and HCCC Management's sincere support, commitment, effort and guidance. Pdt. Chandramouli was the lead priest for this event and 8 Yaama abhishekams were performed during 24 hour period. Alamkarams were truly celestial. All priests did a phenomenal job and HCCC sincerely appreciates their hard-work and commitment in ensuring that all Religious activities were diligently executed to perfection. Our devotees were spiritually elated with entire event including Mahanyasa Parayanam in the evening and Jyothirlinga Archana.

HCCC extends its sincere gratitude to all those many volunteers who helped throughout the day and night on the day from making beautiful garlands, Jyothirlinga set-up preparation, arranging abhisheka dravya's among others. The passion with which Volunteers helped in making this festival a great success is highly commendable.



Vaikunta Ekadasi

With divine blessings, devotees of Shiva-Vishnu Temple had the privilege of celebrating Vaikunta Ekadasi event on in a grand way. Pdt. Pavan Kumar was the lead priests for this event. From beautiful alamkaram of Lord Sri Balaji, Goddess Sridevi and Goddess Bhudevi on Garuda Vahana to performing Venkateshwara sahasra nama homam, all the priests had worked as a team and made this event a great success. Dwara puja was performed in the morning followed by Vaikunta Dwara darshanam for devotees. In the evening, Lord Venkateshwara Sahasranama Homam was performed.

Arudra Natyanjali Program

Seventeenth Arudra Natyanjali day was celebrated on January 21, 2012 at the temple. Twenty eight dance schools from Sacramento to South Bay for a total of 160 dancers participated in the event. The festival started on time with a chalangi puja at 10.45 a.m. The dance program continued without a break until 6p.m. The dancers and their gurus were happy to participate in the event.

The highlight of the function was featured in the middle of the day when the visually impaired students of Sri Ramana Maharishi Academy for Blind presented an hour dance program in Bharathanatyam and Kuchipudi style. Six visually impaired students did a splendid performance and received standing ovation from the audience. The assembly hall was packed with more than 350 people witnessing the program.



The cultural committee has presented/ coordinated more than ten programs this year from June 2011 to January 2012 having more than 350 participants sharing their talents with thousands of audience.



Grant in Aid - 2012

On Saturday March 17, 2012, the Human Services committee of the temple conducted its annual Grant-In-Aid event from 10 a.m. to 1 p.m. This event is hosted annually by the Temple, where grants are given to local clubs, organizations, and other non-profitable groups within the Tri-Valley region.

The program began with the lighting of the divine lamp followed by Bharatnatyam, a beautiful South Indian dance choreographed by Swetha Dixit and performed by eight and nine year-old girls, successfully setting the mood for a wonderful morning ahead. After the dance, the President of the Temple, Mr. Anand Gundu welcomed the gathering and officially started the event. The activities of the Human Services committee were presented by Samantha as a slide-show

The event was graced with the presence of dignitaries like California Senator Mark Desaulnier and Consul General of India in San Francisco, Mr. N. Parthasarathi. There was also the presence of the Mayor of Livermore, Mr. John Marchand and the Livermore police and fire chief who have been regularly attending and supporting this program. Also in attendance was a representative from the Livermore Valley Joint Unified School district. The dignitaries addressed the gathering and expressed deep appreciation for the noble work that the temple does in serving the basic needs of the community in the areas of food, shelter and education. Mr. Parthasarathy, in his address gave kudos to the little children who gave the dance performance and highlighted the blend of the Indian and American cultures that seem to exist in perfect unison.

The various recipients of the Grants ranging from education providers to the needy, to shelters to help with autism, received the Grant checks along with flower bouquets from the dignitaries themselves. Contrary to earlier years, our M.C. Mrs. Padmaja Madhusudan briefly read out the noble work that each of the recipients do in the area of social service. Some recipients spoke to the audience about their organizations and what they do.

The event was concluded with delicious and mouth-watering meals and dessert prepared by the temple volunteers and the temple cook. After lunch, the guests and recipients bid adieu and left with hopes of coming again next year.



Articles

Through the eyes of a devotee

-Chitra Padmanabhan

On a typical cold, moist Saturday of December, I make a left turn on Arrowhead Avenue, an unassuming relaxed little street. I drive past a row of neatly lined houses, to the far end, I see some hurried movement. People in silk sarees and dhotis jostle about. Time to slam on the brakes, I decide. I slowly maneuver my way, through the Shiva-Vishnu temple gates hoping for a parking space inside the temple complex. Aah! I see one and hurry towards it.

Inside the temple - As I brace myself to squeeze into the last bit of space, I can't help but throw an occasional glance at the whitish hue of the temple gopuram. How wonderful, no matter how many times I come here, this edifice never ceases to dazzle me. Hmm, I say with an intriguing sigh, as I rush barefoot towards the warmth of the temple, pun intended. Moving closer, my senses open up to the faint chant of singer Yesudas, "Swamiye sharanam Ayyappa," a record plays on. What a divine voice? What a soulful rendition from the inimitable Yesudas! I muse. Inside the main door, there is a flurry of activity.

The scene reminds me of an expression "order in chaos," a smile crosses my lips. How apt, I think to myself, people all in chatty groups trying to find their unique connection to Ayyappa- their chosen diety. As my eyes glance around, I catch sight of a newly decorated, gold adorned Sannithi of Lord Ayyappa. A devotee is adding his final touch-ups to the beautifully decorated sanctum. The Lord stands there with all his regalia, the mood upbeat, and the excitement almost palpable.

Positive vibes - A major portion of the main hall is cordoned, paper mats being rolled out, paper plates ripe with all the dravyas being laid out, a sense of divinity fills the air, as I see Ayyappa devotees gearing up for the very elaborate Laksharchana; repetition of ayyappa namavali, one hundred thousand times.

I am spellbound, at the sheer vivacity of the volunteer devotees, a kind gentleman ushered me in and encouraged me to take part in the Laksharchana. At first I am tentative, but the devotee's invigorating spirit quickly rubs on to me and I am sold in. With questioning eyes, I glance at the person sitting next to me, he explains "Laksha, in Sanskrit, means one hundred thousand. A Laksharchana involves the repetition of god's name one hundred thousand times. To achieve this goal several people sit together and perform repetition of the names in chorus. Here, it is happening for the very first time."

On further quizzing, I learn that Pandit Subramanya Sharma, who previously worked at Tirupati is the lead for this event. Just then, the very austere pandit appears, waves to the crowd and begins chanting as everyone follows suit. To my surprise, as each mantra is being chanted, a deep sense of peace and satisfaction flows through my veins, the slow hum is almost meditative. I close my eyes and revel in the soothing calm and let the feeling flow through me.

Offering prasadam - Within an hour or two, the puja is complete, devotees are packing up for the day, but the feeling lingers on. It is time for prasadam as I follow the trail of devotees right up to the dining hall. Each one gets a generous helping of the very elaborately prepared delicacies. Lord Ayyappa- the annadana prabhu (food for all) proves it yet again. The prasadam serves as a symbol of abundance and prosperity and it is said that Lord Ayyappa blesses his true devotees with a prosperous life.

Power of faith - Faith can move mountains, they say. As I walk out of the temple, I meditate upon the power of faith and positive energy, flowing within me. What a relief! I finally grasp the essence of true oneness. To sum it up, the event is a perfect example of the power of collective unified thinking, of collective peace and togetherness.

(Ayyappa Laksharchana was conducted by Bay Area Ayyappa Samaj on December 17, 2011 at the Shiva Vishnu Temple in Livermore, California)



PICTURE GALLERY



Goddess Saraswati Utsava Murthi Samprokshana



Goddess Saraswati Utsava Murthi Samprokshana



Goddess Saraswati Utsava Murthi Samprokshana



Hanuman Jayanthi



Makara Vilakku Puja



Rukmini Kalyanam



Andal Kalayanam



Shiva Brahmotsavam



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