



PLEASE NOTE THE SCHEDULES  
Weekdays: 9 am to 12 noon  
and 6 pm to 8 pm  
Weekends & Holidays: 9 am to 8 pm

# PASCHIMAVANI

DIRECTIONS  
From Freeway 580 in Livermore:  
Exit North Vasco Road, left on Scenic Ave,  
Left on Arrowhead Avenue

NEWS FROM THE HINDU COMMUNITY AND CULTURAL CENTER, LIVERMORE  
VISIT OUR WEB SITE AT <http://www.livermoretemple.org>

## SHIVA-VISHNU TEMPLE

TELEPHONE (925) 449-6255 FAX (925) 455-0404

OM NAMAH SHIVAYA

OM NAMO NARAYANAYA

### FIRST ANNUAL CHILDREN & YOUTH DAY - SATURDAY, NOV 15th 2003

HCCC Youth & Education committee will host a First Annual Children & Youth Day at Shiva-Vishnu Temple on Saturday, November 15, 2003. This all day event will provide an opportunity for children and youth between the ages of 3-25 to participate and volunteer in religious, cultural and other planned activities at the temple.

The goal of the 1st Annual Children and Youth Day is to help young people to understand their religion, find a way to integrate it into their life, surface doubts and questions, and develop a strong spiritual foundation through their growing years and adult life. There will also be emphasis on the tradition and cultural aspect of our heritage to help the children and youth understand and to relate themselves to these aspects.

On this day, all the activities will be centered around the children and youth. They will come to the Temple wearing traditional religious clothes. They will be running the temple acting for each member of the management as described below. They will be the ones announcing the family names and nakshatras to the priest for doing archana. Indeed, they will be doing Pujas too in a limited way, under the guidance of the priests.

“Religion is the manifestation of the Divinity already in man.” In this attempt to express Divinity, values are born. Even a little manifestation of Divinity is sufficient to make the person fearless, unselfish, calm and collected. Love, compassion, and selfless service become his/her second nature. True religion begins with the attempt to manifest this value-system in our daily life. Faith, knowledge and conduct are the prime factors for practicing a religion. Religion is practice with understanding and it should be an integral part of life. Every culture finds a need to practice the tenets of its religion, as well as inculcate its principles to the members of the next generation. It is purely an individual’s obligation to understand and experience the Divinity and spiritualism through saareeraka tapas (focused action), vaachika tapas (focused speech) and maanasika tapas (focused mind).

#### MISSION

The mission of the Youth & Education committee at Shiva-Vishnu temple is to offer young people a place of worship that fosters understanding, community, love and faith. The objectives include:

- \* Help Children and Youth better understand the religious and spiritual aspects of Hinduism through open discussion, explanations, and literature.
- \* Provide an opportunity to pray along side their peers, parents, and grandparents, fostering and strengthening their sense of community.
- \* Welcome and love each child unconditionally.
- \* Provide means to manifest faith.
- \* Provide an opportunity for group activities and hands on experience
- \* Provide an opportunity of expression and talent of Children and Youth

The Children & Youth day provides an opportunity to volunteer and participate in Religious, Cultural, Administration, Food and other planned activities in the temple. The Religious activities provide an opportunity to perform Samoohika Ganesh Puja, Samoohika Lakshmi Puja, garland preparation, Vedic chanting at all deities and Sloka recitation. The Cultural activities include individual and group Talent Show, children and youth performances organized by various cultural organizations of Bay Area. The Administration activities includes devotee registration and other front office functions. The Food activities includes food preparation and packing for lunch and dinner. The Children’s activity center includes coloring, face painting, crosswords, exhibits etc. The Youth Forum will facilitate to share the views and experiences of children, youth, friends and elders. One of the topics of Youth Forum is “Power and Importance of Prayer for the Young Minds”. Most of the events will be coordinated and led by youth including the youth forum. The elder volunteers are providing the initial guidance and some planning.

-Cont. on page 7

## November 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RAHU KALA 4:30 to 6:00 pm			OM NAMAH SHIVAYA OM NAMO NARAYANAYA 7:30 to 9:00 am 3:00 to 4:30 pm 12:00 to 1:30 pm 1:30 to 3:00 pm 10:30 to 12 noon 9:00 to 10:30 am			
30 Ashtami 21:31 Satabhisha 20:14						1 Ashtami 08:04 Sravana 12:29 PUSHPA YAGA
2 Navami 07:49 Dhanishta 12:59 SKANDA SHASTI WEEK END FUNCTION	3 Dasami 08:11 Satabhisha 14:05	4 Ekadasi 09:09 P. Bhadra 15:43	5 Dwadasi 10:37 U. Bhadra 17:49 TULASI VIVAHA Pradosham	6 Trayodasi 12:31 Revati 20:16	7 Chaturdasi 14:45 Aswini 23:05 SHIVA ANNABHISHEKHA	8 Poomima 17:14 Bharani 26:04 LUNAR ECLIPSE (14:15 to 20:22)
9 Prathama 19:52 Krittika 29:11 KARTHIKA DEEPAM SHIVA ANNABHISHEKA (Weekend function)	10 Dwitiya 22:33 Rohini Whole Day	11 Tritiya 25:10 Rohini 08:18	12 Chaturthi 27:35 Mrugasira 11:18 Sankatahara Chaturthi	13 Panchami 29:38 Arudra 14:02	14 Shasti Whole Day Punarvasu 16:21	15 Shasti 07:09 Pushya 18:08
16 Saptami 08:02 Aslesha 19:16 AYYAPPA MANDALA PUJA STARTS Sun enters Vrchika 08:50	17 Ashtami 08:12 Makha 19:40 KALA BHAIKAVA JAYANTHI	18 Navami 07:36 Dasami 30:15 P. Phalguni 19:19	19 Ekadasi 28:08 U. Phalguni 18:14	20 Dwadasi 25:24 Hasta 16:31	21 Trayodasi 22:12 Chitra 14:15 Pradosham	22 Chaturdasi 18:40 Swati 11:36 Masa Shivaratri
23 Amavasya 14:59 Visakha 08:42 Anuradha 29:41 SOLAR ECLIPSE (Not visible in U.S.A)	24 MARGASIRA Prathama 11:15 Jyeshtha 26:48	25 Dwitiya 07:38 Tritiya 28:23 Moola 24:13	26 Chaturthi 25:37 P. Ashadha 22:05	27 Panchami 23:28 U. Ashadha 20:32 THANKSGIVING WEEKEND TIMINGS	28 Shasti 22:02 Sravana 19:40 DAY AFTER THANKSGIVING WEEKEND TIMINGS	29 Saptami 21:23 Dhanishta 19:33

## December 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RAHU KALA 4:30 to 6:00 pm			OM NAMAH SHIVAYA OM NAMO NARAYANAYA 7:30 to 9:00 am 3:00 to 4:30 pm 12:00 to 1:30 pm 1:30 to 3:00 pm 10:30 to 12 noon 9:00 to 10:30 am			
	1 Navami 22:26 P. Bhadra 21:39	2 Dasami 24:00 U. Bhadra 23:42	3 Ekadasi 26:06 Revati 26:15 GITA JAYANTHI	4 Dwadasi 28:33 Aswini 29:09	5 Trayodasi Whole Day Bharani Whole Day Pradosham	6 Trayodasi 07:14 Bharani 08:15 KRITTIKA DEEPA, ANNAMALAI DEEPAM
7 Chaturdasi 09:57 Krittika 11:23 SARWALAYA DEEPAM	8 Poomima 12:35 Rohini 14:26	9 Prathama 15:03 Mrugasira 17:18	10 Dwitiya 17:15 Arudra 19:56	11 Tritiya 19:07 Punarvasu 22:14	12 Chaturthi 20:36 Pushya 24:09 Sankatahara Chaturthi	13 Panchami 21:36 Aslesha 25:37
14 Shasti 22:03 Makha 26:33	15 Saptami 21:55 P. Phalguni 26:54 Sun enters Dhanus 23:29	16 Ashtami 21:09 U. Phalguni 26:37 DHANUR MASA PUJA BEGINS	17 Navami 19:45 Hasta 25:43	18 Dasami 17:45 Chitra 24:14	19 Ekadasi 15:12 Swati 22:13	20 Dwadasi 12:12 Visakha 19:47 Pradosham
21 Trayodasi 08:54 Chaturdasi 29:18 Anuradha 17:05 Masa Shivaratri	22 Amavasya 25:43 Jyeshtha 14:16 HANUMATH JAYANTHI	23 PUSHYA Prathama 22:18 Moola 11:28	24 Dwitiya 19:11 P. Ashadha 08:52 U. Shadha 30:39	25 Tritiya 16:34 Sravana 29:04 CHRISTMAS WEEKEND TIMINGS	26 Chaturthi 14:34 Dhanishta 28:11	27 Panchami 13:21 Satabhisha 28:08
28 Shasti 13:02 P. Bhadra 28:55	29 Saptami 13:33 U. Bhadra 30:31	30 Ashtami 14:53 Revati Whole Day	31 Navami 16:54 Revathi 08:50			

“ check [www.livermoretemple.org](http://www.livermoretemple.org) for regular puja events based on various nakshatra and thithis”

## PLANNED SPECIAL EVENTS

DATE/DAY	EVENT	TIME	ACTIVITIES
Nov 1st/Sat	Pushpa Yaagam (1st Saturday of the Month)	11:00 AM 12:00 Noon	Detailed program at the end Swama Alamkara for Shiva
	Sravana	6:30 PM	Balaji Vastrasamarpana Balaji Sahasranama Archana
Nov 2nd/Sun	Skanda Shasti		Weekend function, Detailed Program at the end
Nov 4th/Tue	Ekadasi	6:30 PM	Balaji Bhoga Murthy Abhisheka
Nov 5th/Wed	Tulasi Vivaham	6:30 PM	
	Pradosham	6:30 PM	Shiva Abhisheka
Nov 7th/Fri	Shiva Annabhisheka	11:00 AM	
Nov 8th/Sat	(2nd Saturday of the month)	10:00 AM	Balaji Sahasra Kalasha Abhisheka
	LUNAR ECLIPSE	14:15 - 20:22	(Temple will be closed during this time)
Nov 9th/Sun	Shiva Anna Abhisheka	11:00 AM	Weekend Function
	Cultural Program	3:00 - 5:00 PM	Concert by students of Shakuntala Murthy
	Shiva Kalyana Utsavam	3:30 PM	
	Karthika Deepam	6:30 PM	
	Krittika	6:30 PM	Kartikeya Abhisheka and Archana
Nov 10th/Mon	Rohini	6:30 PM	Sri Krishna Pooja
Nov 12th/Wed	Sankatahara Chathurthi	6:30 PM	Ganesha Abhisheka
Nov 14th/Fri	Punarvasu	6:30 PM	Sri Rama Abhisheka
Nov 15th/Sat	(3rd Saturday of the Month)	11:00 AM	Tiruppavadai Seva for Balaji
	First Annual Children & Youth Day	9:00 AM - 8:00 PM	Refer to program listed in the Children & Youth Day article.
Nov 16th/Sun		11:00 AM	Bilva Dala Archana for Shiva
	Cultural Program	3:00 - 5:00 PM	Concert by students of Vasanthi Kannan
	Ayyappa Mandala Puja	6:30 PM	Ayyappa Mandala Puja Starts
Nov 17th/Mon	Kala Bhairava Jayanthi	6:30 PM	Kala Bhairava Abhisheka
Nov 19th/Wed	Ekadasi	6:30 PM	Bajali Bhogamurthy Abhisheka
Nov 21st/Fri	Pradosham	6:30 PM	Shiva Abhisheka
Nov 22nd/Sat	(4th Saturday of the Month)	12:00 Noon	Pushpa Seva for Balaji
	Masa Shivaratri	6:30 PM	108 Kalasha Abhisheka for Shiva
	Swati	6:30 PM	Narasimha Swamy Abhisheka
Nov 23rd/Sun	Solar Eclipse		NOT VISIBLE IN U.S.A
Nov 27th & 28th (Thu & Fri)	Thanksgiving holiday & day after Thanksgiving		Temple open from 9:00 AM to 8:00 PM
Nov 28th/Fri	Sravana	6:30 PM	Balaji Sahasranama Archana
	Shasti	6:30 PM	Kartikeya Sahasranama Archana
Nov 30th/Sun	(Last Sunday of the month)	4:30 PM	Kala Bhairava Abhisheka
Dec 3rd/Wed	Gita Jayanthi	6:30 PM	Sri Krishna Pooja
	Ekadasi	6:30 PM	Bajali Bhogamurthy Abhisheka
Dec 5th/Fri	Pradosham	6:30 PM	Shiva Abhisheka
Dec 6th/Sat	(1st Saturday of the month)	11:00 AM	Swama Alamkara for Shiva
		12:00 Noon	Balaji Vastra Samarpana
		6:30 PM	ANNAMALAI DEEPAM
Dec 7th/Sun	Gita Jayanthi		Week End Function in Assembly Hall (details at the end)
	Krittika	6:30 PM	Karthikeya Abhisheka and Archana
Dec 8th/Mon	Rohini	6:30 PM	Sri Krishna Pooja
	Poornima	6:30 PM	Lalita Sahasranama Parayanam

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## PLANNED SPECIAL EVENTS

DATE/DAY	EVENT	TIME	ACTIVITIES
Dec 11th/Thu	Punarvasu	6:30 PM	Sri Rama Abhisheka
Dec 12th/Fri	Sankatahara Chathurthi	6:30 PM	Ganesha Abhisheka
Dec 13th/Sat	(2nd Saturday of the Month)	10:00 AM	Balaji Sahasra Kalasha Abhisheka
Dec 14th/Sun	Murugan Kalyanam	3:30 PM	Murugan Kalyana Utsavam
Dec 16th/Tue	Dhanur Masa Puja Begins	10:30 AM	Special Abhisheka for Bhoodevi everyday for a month
Dec 19th/Fri	Ekadasi	6:30 PM	Balaji Bhoga Murthy Abhisheka
	Swati	6:30 PM	Narasimha Swamy Abhisheka
Dec 20th/Sat	(3rd Saturday of the Month)	11:00 AM	Tiruppavadai Seva for Balaji
	Pradosham	6:30 PM	Shiva Abhisheka
Dec 21st/Sun		11:00 AM	Bilva dala Archana for Shiva
	Masa Shivaratri	6:30 PM	108 Kalasha Abhisheka for shiva
Dec 22nd/Mon	Hanumath Jayanthi		Detailed Program at the end
Dec 25th/Thu	Christmas holiday		Temple open from 9:00AM to 8:00PM
	Sravana	6:30 PM	Balaji Sahasranama Archana
Dec 27th/Sat	(4th Saturday of the Month)	12 Noon	Pushpa Seva for Balaji
Dec 28th/Sun	(Last Sunday of the month)	4:30 PM	Kala Bhairava Abhisheka
	Shasti	6:30 PM	Karthikeya Sahasranama Archana
Nov 1st/Sat	<b>VISHNU PUSHPA YAGA PROGRAM</b>		
		7:00 AM	Suprabatham
		8:00 AM	Abhisheka
		11:00 AM	Pushpa Yaaga Starts
		12:00 Noon	Pushpa Yaaga Homa
		1:00 PM	Poornahuti
		1:30 PM	Theertha Prasada Viniyogam
Nov 2nd/Sun	<b>SKANDA SHASTI WEEKEND FUNCTION DETAILED PROGRAM</b>		
		10:00 AM	Kavadi Pooja
		10:15 AM	Kavadi Procession by Devotees
		11:00 AM	Karthikeya Abhisheka and Archana
		1:00 PM	Theertha Prasada viniyogam
		5:00 PM	Karthikeya Tiru vedhi Utsavam
Dec 7th/Sun	<b>GITA JAYANTI WEEKEND FUNCTION</b>		
		10:30 AM	Gita Recital
		11:00 AM - 12:00 Noon	Bhajans
		12:00 Noon - 2:00 PM	Performances by Children
		2:00 - 2:15 PM	Recital Vedic Hymns by Pdt .SrinivasaCharlu Rompicherla and other Priests
		2:15 - 2:30 PM	Talk on Bhagavad Gita by Smt.Prabha Duneja
		2:30 - 3:30 PM	Bhajans
		3:30 - 4:00 PM	Sri Krishna Pooja, Arathi, Prasad
			Lunch will be served in the Assembly Hall from 11:00 AM to 12:30 PM
Dec 22nd/Mon	<b>HANUMATH JAYANTHI PROGRAM</b>		
		6:30 PM	Hanuman Abhisheka
		7:30 PM	Hanuman Sahasranama with Betel Leaves and Banana
		8:30 PM	Arati, Theertha and Prasada Viniyogam

## FINANCIAL STATEMENT FOR JAN-AUG 2003

Revenues : .....	\$ 1161 K	Bank Balance : .....	\$ 499 K
Operating Expenses : .....	\$ 735 K	Marketable Securities : .....	\$ 225 K
Operating Income (Revenues - Expenses) : .....	\$ 426 K	Long Term Assets : .....	\$ 7585 K
Capital Expenses: \$ 194 K (breakup given below)		Long Term Liabilities : \$ 1186 K (breakup given below)	
Asset Improvements : .....	\$ 136 K	Heather Lane homes : .....	\$ 636 K
Loan Repayments : .....	\$ 39 K	Poorva Bhoomi : .....	\$ 500 K
Abharana : .....	\$ 19 K	Parking Lot : .....	\$ 50 K

-Cont. from page 1...

## TOPICS OF DISCUSSION

The Youth Forum will provide a platform to address questions and here are some example answers that are open for discussion:

- \* What is Power and Importance of Prayer in our daily lives?
  - \* Ability to Focus
  - \* Ability to be calm and make the correct decisions
- \* What role does the temple play in people's lives?
  - \* A place to receive positive energy
  - \* A place to practice religion freely
- \* What does a young person currently receive from the temple?
  - \* Prayers for the family
  - \* Involvement in community programs
  - \* A Place to meet friends
- \* What else does a young person want from the temple?
  - \* More understanding of what the Poojas mean
- \* Guarantee that our prayers will be answered
- \* What is a young person's special attraction at the temple?
  - \* Sloka recitation
  - \* Reading, short lectures, story telling
  - \* Music/Dance programs
- \* What do the different steps in the Poojas, homas and Archanas mean?
  - \* Tell Gothra and Nakshatra (star) in the initial step of Sankalpam for the pooja
  - \* Understand the symbolism of each deity that the Pooja is about
  - \* Drink the theertham in the right hand. Always take Prasad at the end of a Pooja

## PLEASE NOTE THE FOLLOWING DATES:

Early registration forms due by: November 7, 2003  
 Children & Youth contributions to the Souvenir in MS Word format to be received by: October 20, 2003  
 Powerpoint Presentations for the Youth Forum to be received by: November 7, 2003

Please check website for updates and information about this event: [www.livermoretemple.org](http://www.livermoretemple.org).

There is no FEE for Registration to this program. All registered participants will receive a gift from the Temple.

## PROGRAM DETAILS

9.00 am	Suprabhatam recitation by Children at Balaji shrine
10.00 am - 11.00 am	Sloka recitation by Children & Youth
10.00 am - 12.00 noon	Lunch preparation & packing by Youth
10.00 am to 3.00 pm	Children's activity center (Coloring, Face Painting, Cross words etc)
11.00 am	Samoohika Ganesh puja performed by Children & Youth
12.00 am	Lunch
12.30 pm - 2.30 pm	Children & Youth talent show (Bhajans, Story telling, Poetry etc)
2.30 pm - 4.00 pm	Youth Forum
4.00 pm	Samoohika Lakshmi puja performed by Children & Youth
5.00 pm - 8.00 pm	Cultural Programs performed by Children & Youth

All devotees of Shiva-Vishnu temple are invited to participate in this event. Parents are encouraged to register their children early. If you and any of your friends are interested in participating and/or volunteering for this event, please contact:

Venkat Vankayalapati - [vrvenkat@sbcglobal.net](mailto:vrvenkat@sbcglobal.net)  
 Sudhakar Deevi - [sudhakar@livermoretemple.org](mailto:sudhakar@livermoretemple.org)

Padmaja Madhusudhan - [pmadhusu@yahoo.com](mailto:pmadhusu@yahoo.com)  
 Archana Ranganathan - [ranganatharchana@yahoo.com](mailto:ranganatharchana@yahoo.com)

## HCCC Election schedule for 2004 - Executive Committee &amp; Board of Directors

Below is the tentative schedule for the EC & BOD elections for the Year 2004. Any changes from this (if needed later) will be suitably communicated to SC members ahead of time.

- \* Letter and Nomination forms mailed to Steering Committee (SC) members requesting Nominations: Monday, November 10, 2003.
- \* Last date to receive nominations by Election Committee: Friday, December 5, 2003.
- \* Mailing of Ballots: Monday, January 19, 2004.
- \* Last date to receive completed ballots by Election Committee: Friday, February 6, 2004.
- \* Counting of Ballots and announcing the results: This will be just before the SC meeting in early February (tentative date is Sunday, February 8, 2004).

## HCCC Endowment Fund

The Hindu Community Cultural Center Endowment Fund provides for the future of HCCC and the community it serves. This Fund ensures the survival and continued long-term growth of HCCC. Please consider HCCC Endowment Fund for your tax-planning purposes. We are seeking donations for the Fund from donors who can contribute restricted and unrestricted cash/stock. For additional information, please contact one of the following:

Shiv K. Mehta: [mehta180@yahoo.com](mailto:mehta180@yahoo.com)

Venkat Vankayalapati: [vrvenkat@sbcglobal.net](mailto:vrvenkat@sbcglobal.net)

S. Visweswaran: [srinivasa.visweswaran@gene.ge.com](mailto:srinivasa.visweswaran@gene.ge.com)



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**PASCHIMAVANI**  
 NOVEMBER & DECEMBER 2003

NEWSLETTER DESIGNED BY:  
 Kulvinder Kaur  
 PRINTED BY:  
 Capitol Printing

# My Views on Health Fair at HCCC

By Dr. Lakshmi Palagummi,

Chief physician and surgeon, Tracy Health Center, Tracy, CA  
MANAVA SEVAE MADHAVA SEVA- Serving humanity is serving GOD.

The HCCC has conducted a Health Fair under this simple premise for the benefit of our community. As we all have noticed the community has responded profoundly in large numbers. Young and old alike received the voluntary services of 21 physicians participated in the Health Fair. Local un-insured individuals and the visiting elders found it very valuable. A spectrum of diagnostic services such as blood pressure, blood sugar, cholesterol and bone density were offered by the volunteering medical staff on real time basis during that five hours time span on Sept 13, 2003. As a reward, we have received good feed back underlining the need for such medical services with in our own community with suggestions to conduct such fairs more often, every year.

Being a volunteering general physician at HCCC health services center, I had the good fortune of being chosen as one of the medical coordinators along with my colleague Dr. Kishore Narra, Specialist in Internal Medicine, Physical medicine and rehabilitation, Fremont, CA who also volunteers his services regularly at the HCCC health center. We were able to enlist the services of our fellow physicians, health professionals, friends and associates who are specialists in other medical fields such as cardiology, obstetrics & gynecology, internal medicine, pediatrics, and physical medicine etc. We offered initial screening and evaluation on different health related issues and many received timely advice on their health problems which were not known to them before attending the fair.

As I mentioned before, I am also closely associated to HCCC Health Center right from its inception as a volunteering primary care physician along with my colleague Dr. Narra and six other physicians and dentists. The Human Services committee of HCCC organizes this "free for all, walk-in health center" at the Livermore temple to provide basic medical diagnosis and advice for any one seeking medical care. The health center is gradually becoming increasingly popular with visitors and devotees seeking its services.

Ever since its inception, the Human Services Committee has been deeply committed in providing essential services to the poor and needy. Among many programs, its charter includes distributing food and clothing to the homeless, social services during Christmas and Thanksgiving seasons, sending medicines and clothing to the victims of natural disaster such Gujarat earth quake and Orissa flood relief, funds to 9/11 victims, educational programs and helping charities, service providers (fire and police departments) under grant-in-aid programs. All of us in the devotee community should volunteer a small part of our time and resources to this effort so that our own brothers and sisters who are in need of those services will be benefited. God blessed all of us with good fortune. Let us share a piece of what we got with those who are in need.

By the grace of Lord Venkateswara, I hope to continue my services as a volunteering Physician and also organize health fairs on a regular basis at the temple. It is our hope to expand health services so that one day we can do actual medical treatment to the needy visitors like any regular health clinic. With the blessing of the lord this "free standing" health center which has its origin in a trailer at this time, may grow into a major medical center under the management and direction of Hindu Community and Cultural Center.

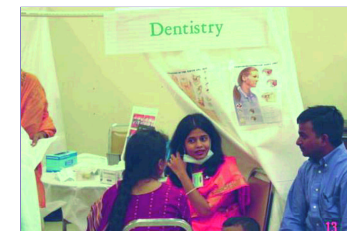
May God bless all of us.



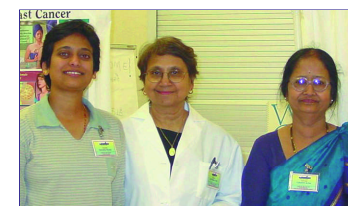
Dr. Lakshmi Palagummi  
medical coordinator for the  
Health Fair



Some of the volunteering physicians, medical professionals and other volunteers participated in the Health Fair



Dr. Kishore Narra  
medical coordinator for the  
Health Fair



# Health Fair Feedback

"It is very helpful providing specific information about the status of health and increasing awareness about various health issues.."  
Nirav Bhakta, SAPHOP, Stanford

"We ran out of supplies as more people arrived.. It was shortage of time and supplies otherwise well organized. Seem to be very popular with the community."  
Siddharth Jaiswal, SAPHOP, Stanford

"This so useful to the community, the management may consider conducting twice a year.."  
Shekhar Giridhar, a devotee

"Very well organized.. Glad to participate in the fair.."  
Dr. Shrimla Shanmugham

"Keep up good work. More resources (needed) for busy booths. More services for seniors.."  
Dr. Suresh Sachdev, Paediatrics

"Many of the elderly were benefited by this health fair. We should get more patient (visitor) feedback.."  
Vijaya Cheruvu, Medical assistant

"I thought it was a wonderful experience. We were so kindly and respectfully treated. I would like to do this again."  
Susan M.Sanchez, Nurse

"I am glad to see a temple is taking care of its devotees. It will be very helpful to the community if the fair is held twice a year.."  
Vinay Mehrotra, A devotee

"Very positive (response). It showed that there is a necessity for such events. Try to get more local communities involved.."  
Dr. Sudin Vittal, Gastroenterology & Liver

"Wonderfully organized. Next time have handouts for B.Sugar.."  
Teressa Bavender

"Excellent. I enjoyed participating in this wonderful venture.."  
Dr. Pushpa Dalal, Ob&Gyn

"This is excellent! Proud to be a part of this today! I am glad our community is taking care of our health!.."  
Dr. Aparna Kota, Paediatrics

"Health Fair is a good idea in a place like temple. Service to Humanity is service to God. Health Fair should be conducted every six months at least.."  
M. Upender Reddy, HCCC

"Wonderful idea. We need to do this at least twice a year regularly so that it benefits more devotees.."  
Karthik Subramanian, HCCC

# Thank You All...

We thank Dr. Lakshmi Palagummi and Dr. Kishore Narra, long time devotees of Hindu Temple and volunteering physicians at the health center, for providing necessary guidance and have assumed the responsibilities of accessing necessary resources through their network of fellow physicians, surgeons and other medical professionals. Likewise we also thank the Stanford SAPHOP group, Pfizer and Fore companies for providing full support in conducting clinical tests. We sincerely thank all physicians and medical professionals for being very supportive of this cause. The HS committee also expresses their sincere thanks to Mrs. Indira Reddy and Mr. H K Narayan for volunteering right from the planning stage and assuming responsibilities in many ways. We thank several volunteers from our community, from HCCC committees and the board of directors for being very helpful at the event. We particularly thank HCCC committees for Publicity, Food, and Maintenance for providing an excellent support that contributed to the success of the health fair.

**Human Services Committee**  
(Lakshmi Achar, Vidya Anant, Madhusudan Bangalore, CK Prabhakar, Samatha Reddy, Krishna Reddy, Subadra Subramanian)

# Health Fair Facts

Number of physicians..	21	Non-medical volunteers	31
Medical Assistants..	2	Number of total booths	20
Nurses..	2	Cholesterols Conducted	350
Visitors attended...	~700	Bone densities conducted	160
Medical Volunteers	38	Total duration of Health Fair (hrs)	5:30