



Shiva-Vishnu Temple

Om Namah Shivaya Om Namo Narayanaya

Hindu Community and Cultural Center

1232 Arrowhead Ave, Livermore, CA 94551

A Non-Profit Organization since 1977

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Web: <http://www.livermoretemple.org>

HCCC Human Services Presents Lifestyle Medicine Webinars

Webinar 1: Nutrition

When: Saturday, March 7, 2026

Time: 4:00 PM - 5:00 PM

Venue: [Click this Zoom link](#) 



Interested in Learning . . .

- What a truly healthy diet looks like?
- Which foods can help protect your body and prevent disease?

Join a primary care and lifestyle medicine physician and a health coach for a discussion on nutrition as medicine

[Click this Zoom link](#) 

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For more information, please contact
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Event Coordinators: Nisha Shankar & Dr. Jay
Or Temple Office at 925-449-6255



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